

# CYCLE WEST DORSET



Oct - Dec 2011

# THE WESSEX NEWSLETTER

Edited independently in three of the CTC Wessex member group areas and published quarterly. Please contact your nearest member group or access the club website for information on any events

[www.wessexctc.org](http://www.wessexctc.org) for all CTC Wessex activities

## **CTC WESSEX SECRETARY**

Peter Loakes, Church Cottage, West Stafford, DT2 8AB (01305) 263272

## **CTC BOURNEMOUTH**

Cheryl Owen, 1 Bond Road, Poole BH15 3RT (01202) 738428

Margaret Phillpotts, Onair, 9 Bucklers Way, Bournemouth BH8 0EW

## **CTC SALISBURY**

Alan Clarke, "Hill House", Kelsey Road, Salisbury SP1 1JR (01722) 322188

## **CTC WEST DORSET**

Angela Price, 41 Garfield Avenue, Dorchester, DT1 2EY

## **CTC BLACKMORE VALE**

Richard Gow, Wildfell, Crown Rd, Marnhull, DT10 1LN (01258) 821391

## *Remaining Calendar Dates For 2011*

Sept 25th	GRAND CTC meet at the last 2011 <a href="#">Breamore Steam Up</a>		
Oct 9th	Gridiron 100km	Terry Walsh	01202 247888
Dec 18th	Bournemouth Christmas Lunch	Joan Courtney	01202 731978

St Lo Twinning 2012

*Rv Malcolm Howell*

The next event will be the visit to Wessex of a party of cyclists from UCT St. Lô, for the weekend Saturday, Sunday, Monday, 26-28 May 2012.

If you are keen to take part in 2012, as hosts, offering 2 nights B&B, or by joining in rides, and/or using your car to collect & deliver people, please let me know at :

[malcolm\\_howell@hotmail.com](mailto:malcolm_howell@hotmail.com)

or on 01305 756094

or at 1 Garland Crescent, Dorchester, Dorset DT1 2SX

We can assume they will arrive at Poole, so the nearer you are to Poole, the better.



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# *Cycle West Dorset*

## **Newsletter for CTC West Dorset**

*A CTC WESSEX MEMBER GROUP'*

**October - December 2011**

### **Editorial**

Please note the AGM is to be held in Dorchester on the 9th October (the same day as the Wessex Gridiron). We will be looking for a few replacements so please come along and be prepared to play your part.

Christmas is just around the corner so we need to book our Christmas lunch. This year it is at the College which is a wonderful venue and great value for money, it's first come first served, so get your reservation in early to avoid disappointment.

In this issue, to the relief of some people, there is no write up of adventures. I find this a sad loss since it is a gloomy time of year when we need some stimulation to go out and find a great holiday that will sustain you for the rest of next year. A holiday is a lot more than just a week or two, a cycling holiday has three distinctive phases -the preparation - the actual holiday - looking back, (filing the photos and sharing experiences with other members on the tour). The total package covers anything from one month to six months and helps us keep mind and body together. So please go book your holidays now for next year and write it up so we can share your experiences and perhaps stimulate some of us enough to go and book or plan a holiday for the following year.

Ed

# Notice Board

## Notice Of Meeting.

CTC West Dorset Section

Annual General Meeting.

Sunday 9<sup>th</sup> October 2011

Commencing at 10.00am

Venue: Borough Gardens House,

Dorchester.

(By Bowling Alley Walks/Cornwall Road)

Any motions or business for inclusion on the agenda should be sent to the secretary at least three weeks before this date.

[secretary.westdorsetctc@hotmail.co.uk](mailto:secretary.westdorsetctc@hotmail.co.uk)



## Notice Board

WEDNESDAY 14<sup>TH</sup> DECEMBER 2011

12 Noon for 12.30p.m.

CYGNETS RESTAURANT  
WEYMOUTH COLLEGE

Cranford Avenue  
Weymouth DT4 7IQ  
£10.75p per person

The Restaurant is licensed.

Please will you let me know on 01305 261345 or e mail [gardener353@btinternet.com](mailto:gardener353@btinternet.com) before 24<sup>th</sup> October if you wish to attend, as places may be limited. Menu choices required with your deposit please.

A non returnable £5 deposit per person will be required by 27<sup>th</sup> October. Please give either cash or cheques to me or Anne Neale. Cheques payable please to :- CTC West Dorset Section.

The full amount is required before 28<sup>th</sup> November 2011

The Cygnets Restaurant is situated in Fleet Building room FO27. Some car parking if required is available on site and in the main student/staff car park. If you require parking please let me know at time of booking and I will obtain permits.

Gail Gardener

see page 7



# Notice Board

## Christmas Luncheon Menu 2011

Cygnets Restaurant, Weymouth College.

£10.75 per person

Winter vegetable Broth with crispy Beignets (v)

Or

Confit Duck Rilette with toasted Brioche, Spiced orange Compote

Roast Turkey with all the trimmings

Or

Steamed Beef and Oyster Mushroom Pudding

Or

Pitthier of Roasted Vegetables with basil, mozzarella and Red pepper coulis (v)

Traditional Christmas pudding with Rum Sauce or Brandy butter

Or

White chocolate & Berry Cheesecake with a warm Butterscotch sauce

Coffee



## **Notice Board**

### **For Sale**

Dawes Galaxy Tandem,  
size 21/19,  
Gears from 24in up to 108in,  
3 brakes, all alloy frame, 531 tubing.  
Phone Bob Bryant  
on 01305 263901 Stratton  
Price £550.

### **FOR SALE**

Pair of Schwalbe "Hurricane" mountain-bike tyres,  
26"x2" (559mmx50mm)  
with inner tubes & Puncture resistance insert  
Little used £10 the lot.

Contact Christopher Chaplin - 01305 265163



# Notice Board

## FIRST AID KIT

Most of us carry a spare tube and tools required to fix a puncture. But on arecent Saturday saunter ride, one of us hit a pot hole, came off the bike, and was quite badly grazed. There were about 12 of us on the ride and no one was carrying a first aid kit. Good idea to take one out on each ride just in case.

Gail Gardener.

Good point Gail, the CTC runs leader guidelines advise a first aid kit should be carried. I know we certainly carried one on some Sunday rides - Ed

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## Wessex Event

### Mail

From: Rona Wightman [mailto:rona.wightman@which.net]

**Sent:** 30 June 2011 21:40

**To:** anneandken@neale.net

**Subject:** CTC Annual Dinner feedback

This is me at last getting around to saying thank you to the Wessex CTC for hosting the Dinner. My especial thanks to the members who came out on the Sunday Family ride - we were made very welcome. Badger led a great ride, and we really appreciated the support from the other members of the group within the ride, in warning of tricky bits and enthusing about scenic sections of the route and in pointing out features in the landscape and natural world around us, and making the social aspects of the ride so enjoyable, both on the road and at the lunch and tea stops.

Best regards

Rona WightmanRona Wightman

Happy cycling!

$\frac{0}{\sqrt{2}}$   
(\*)/ (\*)



## Articles

### Dorset Dirt 2011 Anne and Ken

We had yet another great Dorset Dirt in September with 112 riders. The success was due to our volunteers, without whom it would be impossible to run such a large event. So many thanks to (in no particular order) Badger, Gail, Serena, Mike Durham, Mike Letten, Jane Burden, Sue, Elaine, Christopher, Janet, Johnny, Joy, Sharon and Bruce.

The rider numbers were down on the previous two years, presumably because the weather forecast was not too promising. However they all

seemed to enjoy themselves and came back suitable happy and muddy. The first finishers came in within three hours, just giving us time for lunch. An average speed of 10mph off road is very impressive.



Again we gave free entry to charity riders, including this year a couple with their three year old son on Dad's bike and the family dog on Mum's, who were cycling

for Julia's House, the Dorset children's hospice.

Again following the event we had many compliments, thanking all the volunteers for a very enjoyable day.



## Articles

### JR's JOTTINGS. SEPT, 2011.

Yet another section has now been formed within the West Dorset's. The group are to be called "The Sparklers" and it is a group for those riding electric or electrically assisted bikes.

All rides will start and finish at electricity sub stations so all riders will be fully charged before the off. All riders will wear rubber gloves and shoes for riding through heavy rain.

In an effort to boost club funds the following ploy has been decided on. The group will conceal themselves at or near the bottom of a large hill i.e. Abbotsbury, Portesham or Cheddar and wait for a budding Bradley Wiggins to start the climb. When the hill becomes steeper Badger and I will ride past chatting together as if riding on the flat. We will wish the struggling rider a hearty "Good morning!" with big smiles and carry on. Then as it gets even harder Stokes will overtake him, singing, "The hills are alive." at the top of her voice. Maybe we could get her into a Nuns outfit, although I must admit it takes a fair stretch of the imagination

to see Stokes as a Nun. She will overtake and continue. The third and final rider will be Mole. He will cycle alongside said rider, remarking how easy this hill is, and say the chap should really get himself a better bike. By this time Matey will be red faced and gasping for breath and who better than Mole to negotiate a really low price. Knowing Mole, even offering to take the bike off the rider's hands for a small sum. Bikes obtained in this way will be sold at a profit to boost club funds.

Have been missing Bob Warner for ages and finally found out through the Wol Badger, that he came off his bike whist in his home area and broke his pelvis in two places. He is now walking round on sticks, but seems to be recovering. All of us send best wishes Bob and hope you are fit and well and soon down in dear old Darzet again.

I cannot believe the summer is now behind us for another year, with September just started, outside the window trees are bent double and the forecast is pretty grotty. Last year, I was all of September and October having daily treatment at Poole hospital and the weather was beautiful, every single day. My boy



## Articles

drove me up there most days and each day we remarked how lucky we were with the weather. I hate being in a car in pouring rain etc. This weather lasted right up till my last treatment and then as November started all Hell broke loose. An Indian summer living in this part of the world is so lovely, all the crowds have gone and there is that lovely hiatus where everything seems to be preparing for the winter days ahead. I hope we all get a few “good“ days before it all starts.

Next thing on the agenda will be the A.G.M. I know most think it is so boring, but it has to be done. It is a chance to thank those officials who have been attending meetings they did not really want to go in places they did not really want to be. Someone has to do these jobs for the section to survive and each year it gets harder to find volunteers. Please come along if you can, it is only part of a morning. The reason we have such a decent section now, is because of the efforts all these people have put in on your behalf, all they are asking is a couple of hours of your time.

All of a sudden electric bikes and electrically assisted bikes seem to be creeping into our lives.

Whilst anyone fit and healthy would not consider these machines, they can prove a lifeline to the “not so fit and healthy”. The worry is, will they become like the invalid elect buggy? Although it is very hard to judge people who could easily be much worse than you think, I am sure there are folk driving them, who with a bit more effort do not need them. Watch this space, as they say.

The JR's are plodding along nicely, third Thursday of each month, full details from me. Completely off the cuff, with or without bike. Just a coffee and a natter. Our ex riders come along and enjoy themselves, that is what the group was formed for and it gets them out on the cycling scene again. When you have been cycling all your life, it leaves a large gap when you are no longer able to do so.

That's it for now, have already gone on for too long. The editor will be lurking with his scissors. See you up the road, God willing JR





# Cyclists' Touring Club West Dorset



Secretary: Angela Price 01305 266648  
secretary.westdorsetctc@hotmail.co.uk

Chairman: Malcolm Howell (Badger) 01305 756094

Treasurer: Bruce Painting, 18 The Woodpeckers, Broadway  
Weymouth, DT3 5RS 01305 816360

Editor: John Hartley, Foxhills, Cerne Abbas, Dorchester DT2 7TS

## Runs Organisers:

Sundays (long)	Sue Baker 01305 267746
Sundays (short)	Anne Neale 01305 772654
Saturdays	Joy Cunningham 01305 823235
Wednesdays	Geoff Dodge 01305 834798
Thursday Folders	Ken Reed 01305 772654 anneandken@neale.net

**New Riders** should contact one of the runs organisers for information and advice before joining a ride, and may be advised to gauge their ability via a Saturday Saunter (short rides)

*Be reassured*, you won't be left behind

**We can arrange for someone to meet you if this is your first ride with us**

Sunday long rides approx. 50-60 miles, short up to 40 miles  
Saturdays about 25 miles



[www.westdorsetctc.org.uk](http://www.westdorsetctc.org.uk)



# Cyclists' Touring Club West Dorset

## Long Sunday Rides: 9.15 for 9.30 start

Dorchester Top o' Town Sue Baker 01258 817963

Date		Lunch	Grid ref	Leader
Oct	2	Stourpaine	ST 862095	Malcolm Howell 01305 756094
	9	AGM 10.00	Borough Gardens House Cornwall Road, Dorchester DT1 1RG	
	16	The Crown Ibberton	ST787077	Bruce Painting 01305 816360
	23	The Camelot South Cadbury	ST 632256	Lewis Potter 01935 891342
	30	Ale and Cheese House Blandford	ST 855065	Graham Schofield 01305 820468
Nov	6	Winyards Gap	ST 491061	Sharon Green 01305 773066
	13	Botany Bay Winterbourne Zelston	SY 821800	Dave Jeffreys 01305 848211
	20	The Weld Arms Lulworth	SY 826807	Hilary Lancashire 01305 267750
	27	Okeford Fitzpaine	ST 807111	John Hartley 01300 341288
Dec	4	Half Moon Melpash	SY 486984	Joy Cunningham 01305 823235
	11	Marquis of Lorne Nettlecombe	SY 516956	Geoff Dodge 01305 834798
	18	The Rose and Crown Bradford Abbas	ST 587141	Mike Durham 01305 770140
	25			

## Short Sunday Rides

Meet at Dorchester Top o' Town 9.15 for 9.30 start or coffee stop at 10.30

Anne Neale 01305 772654 [anneandken@neale.net](mailto:anneandken@neale.net)

		Coffee	Suggested lunch destination
Oct	2	Martinstown	Stratton
	16	Wishing Well	Abbotsbury
	30	Kingston Maurward	East Burton
Nov	13	Palm House	Martinstown
	27	Moreton	Bere Regis
Dec	11	Oasis	West Knighton
	25		

## Wednesday Wanderers

Unled ride, meet at lunch. Phone Geoff Dodge 01305 834798 for further information

Oct	5	Kings Arms	Stoborough	SY924865
	12	Castle Inn	Lulworth Cove	SY846867
	19	Talbot Arms	Benville	ST526053
	26	New Inn	Shipton Gorge	SY494916
Nov	2	Silent Woman	Cold Harbour	SY902898
	9	Hunters Moon	Middlemarsh	ST669075
	16	Black Bear	Wool	SY827807
	23	Rest and Welcome	Melbury Osmond	ST582078
	30	White Horse	Litton Cheney	SY549901
Dec	7	Green Man	Kings Stag	ST724106
	14	Christmas Lunch	Weymouth College Booking essential	Gail Gardener 01305 261345
	21	The Antelope Hotel	Hazelbury Bryan	ST746090
	28	Loders Arms	Loders	SY493942

## Saturday Saunterers

**Meet 10.15 for 10.30 start** Details - Joy 01305 823235

**D** = Dorchester Top o' Town **W** = RSPB, Swannery CP, Weymouth

Date			Lunch	Leader
Oct	8	W	New Inn West Knighton	Joy Cunningham 01305 823235
	22	D	Autumn Event West Holme Garden Centre	Graham Hyden 01300 341563
Nov	5	W	Portland Bill	Geoff Dodge 01305 834798
	19	D	Fox and Hounds Cattistock	Angela Price 01305 266648
Dec	3	W	Ilchester Arms Abbotsbury	Graham Schofield 01305 820468
	17	D	Royal Oak Milborne St Andrew	Sue Baker 01258 817963
	31	W	Royal Oak (Wetherspoons) Dorchester	T B A

## Thursday Folders

The time and meeting point may change as dependent on public transport timetables. Please contact Ken, preferably by email, if in doubt. [anneandken@neale.net](mailto:anneandken@neale.net) 01305 772654

Date	Start Venue	Time	Destination
Oct	Brockenhurst Station	10.10	New Forest
Nov	Yetminster	9.30	Templecombe
Dec	Christmas lunch		Booking essential

## Articles

### A thank you note

Clyde Jones

Thanks Ken and all for a brilliant day  
enjoyed every muddy minute  
may the Dorset Dirt continue  
all the best  
Clyde

---

The following article received on a postcard

### **Stegosaurus. Christopher Chaplin**

The stegosaurus pictured in last month's newsletter live in St. Georges Rd, Dorchester, just before you get to the dump. Another, also made of scrap metal can found beside the track leading to Rocket Quarry, Portesham and for those of you who want to cycle further afield, the Waitrose car park at Sidmouth has a topiary dinosaur.

Is a themed 'Dinosaur Ride' wanted?



## Articles

### 14<sup>3</sup>/<sub>4</sub> Circle Dorset Christopher Chaplin

Sunday 29<sup>th</sup> May dawned fair but with a strong southerly wind and the threat of showers. Just before 8 I went over to Linda's diner to see who, if any, were going to *Circle Dorset*.

Simon and Dean, from Great Western Cycles, had rostered a group of seven and together with Graham H., Graham S., Hilary and myself we set off a few minutes behind schedule [Graham S. had had problems getting his shoes on – nerves?].

Lewis waited for Neil, Sharon & Shawn to form the 9 o' clock fast group, but they were going to have competition as Simon, Dean & Co. showed their intent by declining the cycle path at the bottom of The Grove and dropping us before the by-pass roundabout.

The wind was kind, helping us most of the way to Benville and thereafter we flew with a tail wind to the café at Sherborne Station, arriving just as Simon, Dean & Co. were about to leave. A friend of Hilary's had cycled over from Yeovil to meet

us and after coffee, cake and a chat we were off, though I was tempted to hop on the waiting train for London and take a short-cut to Templecombe. However Graham H. said that he'd rat on me, so it was on the bike and a lumpy [at least cat 3 – Graham S.] ride to the cat 1 climb of Stowell and thence through the labyrinth of Marnhull to the Plough, Manston.

We had made good time and arrived simultaneously with Badger, though Simon, Dean & Co. had made even better and had already left. Fortified by a delicious apricot crumble, at least 2500 calories per mouthful, and having exchanged greetings with the fast group we left with Lewis helping out at the front. Thanks.

Outpacing the fast group until nearly Shapwick, we were finally overtaken and Lewis took his leave. After White Cliff Mill we turned southwards and we re-discovered the wind and the beastly cat 2 climb of Lytchett Minister. But by then I was checking notes & clock to see if I'd reach Wareham at a convenient time for the hourly train to Dorchester. 6 miles in 40 minutes seemed on and thanks to Graham S's wheel I made



## Articles

it with seemingly 15 minutes to spare, only to discover I'd misread my crib and it was only 7 minutes to spare. More than enough to buy a ticket and I arrived at 3:25 at Linda's looking cool, refreshed and very smug having done 75 miles - the  $\frac{3}{4}$  of the title.

Over the road for tea and a quick bath, then back to Linda's where Simon, Dean & Co. were about to disperse having circled in 8 hours. Badger was also there having had a tough headwind all the way back from Manston.

Sharon was next, easily beating 8 hours, followed by Lewis, Neil

and a very, very smug Graham S. who'd hitched a lift on their back wheels. Lastly, but no less pleased were Graham H. and Hilary. So CONGRATULATIONS to everybody and see you all again next May as this was the ideal temperature for a long ride. It might even be 15 *Circle Dorset* and no  $\frac{3}{4}$ , but don't worry if you don't make it – there's always the train at Wareham and it's GOOD.

PS. Neil also completed, but started the route earlier and so finished there – CONGRATULATIONS too.

---

### CHAIRSPEAK: THE SINGLE HELIX or THE CURVEY SCURVY BEL- TER OF A HELTER SKELTER WATER SHELTER.

On our recent ride to Sherborne, the friendly group of people waiting on the railway bridge in Beer Hackett gave us the clue that a steam engine was on its way. The approaching plume of smoke and steam soon turned out to be from Battle of Britain Class

Tangmere hauling its regular August Sunday train from Bristol to Weymouth. We were quite glad that the delay by puncture in Bruce's tyre had got us there at just the right moment. Shortly after this we had to climb the grindingly steep Knighton Hill, caused by the fault where the Forest Marble, normally underneath the Oxford Clay of Blackmore vale, had been broken by an ancient earthquake, and



## Articles

shoved up high enough to look out over the Vale. As we continued North along Lillington Hill, we passed walls of fields and houses all built from the thin slabs of that local Forest Marble. From one point looking over Leweston estate and the Manor which houses the school, Steven Murdoch drew our attention to a strange tower with a spiral round its outside, which he rightly likened to a fair-ground helter-skelter.

It seems that in the 1920s when Sir Eric Rose bought Leweston Manor, he improved water supplies by having a water tower built. It was designed in reinforced concrete by Maxwell Ayrton, who had been one of the architects of the former Wembley Stadium, with its well loved twin towers, which fell to the bulldozers in 2003. Finances probably wouldn't allow two towers at Leweston, but they did manage to get two water tanks inside the one tower.

The look-out at its top was then reached by a timber staircase that spiralled up the outside.

But how come Sir Eric could afford to buy such a large manor

house and its estate, and pay for its redesign and upkeep? The Rose family were a long dynasty of rich Edinburgh ship builders. One of that dynasty, Lauchlin Rose was also in business as an importer from overseas of lime and lemon juice, both needed by sailors on long voyages to prevent scurvy. It was usual to preserve the fruit juices using rum, but Lauchlin Rose invented a way of preserving them, without alcohol. By good fortune, that was in 1867, the same year that the Merchant Shipping Act decreed that all ships were to carry lime juice for a daily ration to ships' company. So Rose's Lime Juice sales prospered, the English became known as Limeys, and the Rose family became wealthy. And the tower? When mains water arrived, the tower became redundant, started to decay but in 1999 was bought and rescued by Patrick Firebrace, a concrete repairs specialist. The water tanks were cut out, new floors added, and the building took on a new lease of life as a comfortable and interesting home.



## Articles

Leweston Manor itself also had a naval connection. In WW2 it was requisitioned as a Naval Orthopaedic Rehabilitation Centre, for severely injured sailors from Coldharbour, Sherborne, which was built as a Royal Naval Auxiliary Hospital, became a Mental Hospital, and is now an industrial estate. I detect knowing sniggers from those of you who have recognised the acronym NORC as an Australian slang term for ..... Well, . I won't press the point, but you can work out the origin when you hear that NORCO was a popular abbreviation in New South Wales for the North Coast Co-operative, which advertised its Dairy products with a jolly cow swinging a very large udder. The outside of the former water tower hides a long and interesting history, bearing little reflection of its present use.

It's the same with CTC Wessex. It was originally a DA, a District As-

sociation, which meant a lot to the cyclists of its constituent sections of former days. The name hides a long and interesting 100 year history, recently celebrated and ably chronicled by Keith Matthews on [www.wessexctc.org](http://www.wessexctc.org)

We have been asked by CTC at our forthcoming AGM to affirm & confirm our post-code areas, and say what our relationship is to other member groups. This is tricky because we believe that HQ have allowed an awful lot of confusion and unnecessary bureaucracy by allowing some members to belong to two groups, and others to just one. We think it would be less confusing if all members officially belonged to only one group. They could socialise with whatever group they liked out on the road. You will get a chance to discuss this at our forthcoming AGMs.



## Articles

### *CYCLE WEST PROJECT*

#### *Badger*

Bruce Painting and I had a great day out on Monday, 8<sup>th</sup> August. At Top o Town, we met by arrangement 8 intrepid, young, charming French cycle campers from an ecological association at Rennes, who were following and recording a route from the Cycle West project. They had planned a route that took them near or through sites of ecological interest.

They had seen our web site at [www.transitiontowndorchester.org](http://www.transitiontowndorchester.org), and wanted to visit our Community Farm. They had bulging panniers, but two were towing trailers. They had arrived at Poole, and camped the previous (wet) night. Bruce took them into town to replenish their food & money, then I took them to interview Adam Bows (DCC Transport Planning Officer) in County Hall. Then we led them to our Community Farm at Poundbury, where they produced a video camera & tripod, and a big furry microphone, to

film the farm and me talking about it. We were invited to share their lunch, of bread, cheese, melon, tomatoes, so gave them some lettuce from the raised beds. Then we led them via Monkey's Jump, A37 cycle path, Charminster, to Cerne Abbas. We stopped for photos, and I explained the Giant and his very big popularity. Then we took them up thik gurt hill, past Foxhills, so they could camp at Giant's Head, and Bruce and I returned home, after a tiring but inspiring day with some impressively well organised young folk. They were due to continue in the next few days to Bridport, then Exeter, Totnes, and finally Plymouth for the ferry to Roscoff. Then they were to cycle across Northern France, back home to Rennes.

If you are not familiar with Cycle West project, look at [www.cycle-west.com](http://www.cycle-west.com)

To see the French eco group, see [www.ecoo-asso.fr](http://www.ecoo-asso.fr)



## Articles

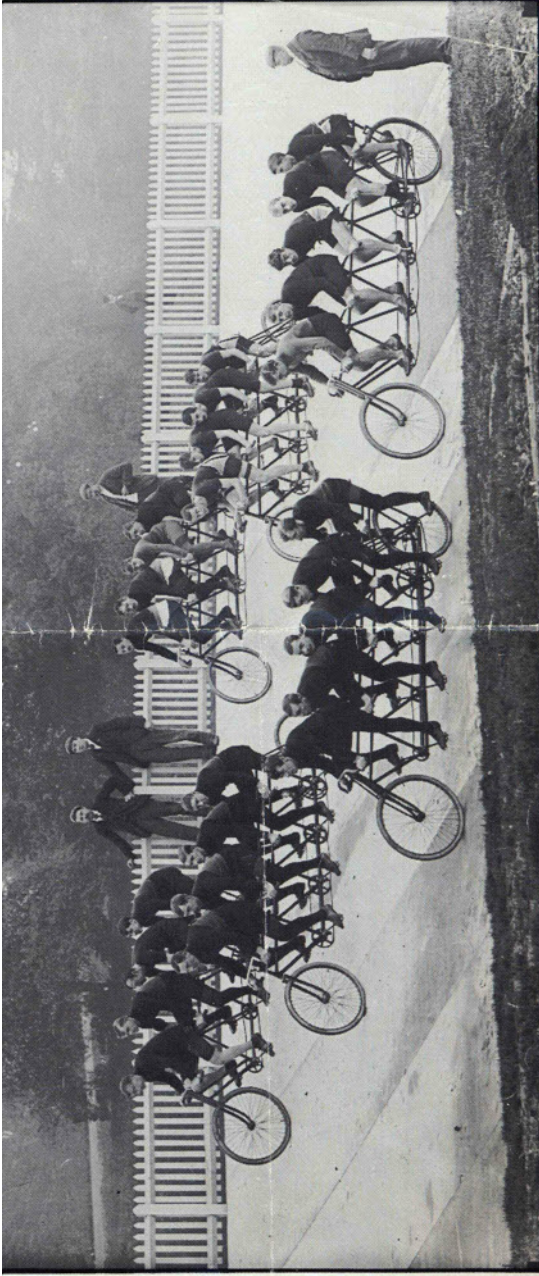
# Community Service



Contra to implication in the title, the above members of the Folders were in fact doing a service to the community, in clearing a cycle path of a fallen tree on the approaches to Glastonbury . Our one and only good deed for the day.



## Articles



The above features an impressive array of "quads" and "quints," whose purpose was to provide "human-powered" pacing in the days before pacing motors were developed. We believe the track is the Crystal Palace.

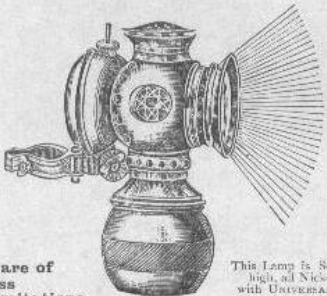
However, we can enjoy the quality of this print which must be 80 years old or more and reflect on what a sight it must have been when six sets of pacers were in full flight on those velodromes of long ago. I have to say the print I have is of better quality than the reproduction on this page but still fascinating



# Articles

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" **W. B. FORDHAM & SONS, Ltd.**, York Road.  
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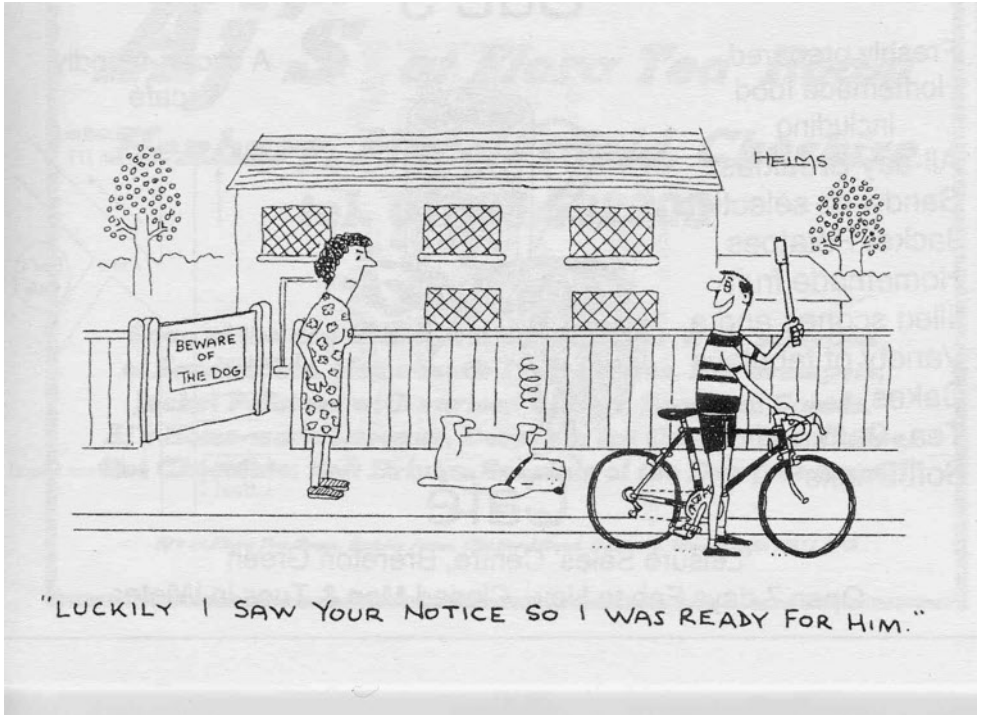
Please note the evennings are now drawing in, so please check and make sure you carry light that are in full working order.

Ed



# Articles

I'm sure many of you will appreciate the following joke



## Members Information and Club Notes

**Club Riding:** The Club tends to ride as a group, except on Wednesdays. The Runs Leader is responsible for keeping the group together, and setting a pace commensurate with the ability of the riders. If you prefer to ride at your own pace, meet up with the Club at Coffee or lunch. If you seek a companion to suit your pace, please contact the Runs Secretary.

**Lunch:** If you prefer to take your own food, please do not eat it on Pub premises. This annoys landlords, and gives cyclists a bad name.

**Club Jersey:** (Yellow with Blue details) Order direct via Impsport on 01522 500505. Bulk orders may attract discount, so ask around – others may be interested.

**Audax Events:** The Wessex events are listed inside the front cover. To join AUDAX, and obtain the national calendar, contact Mike Wigley, Higher Grange Farm, Millcroft Lane, Delph, OL3 5UX

**[AUK@highergrangefarm.fsnet.co.uk](mailto:AUK@highergrangefarm.fsnet.co.uk)**

**Advice on Accidents.** Stay calm, and Do Not admit liability. Obtain names and addresses of as many witnesses as possible at the time. List all injuries, and keep a diary of how they progress, and all treatment received. Some injuries may not be immediately apparent. Contact the CTC legal Dept. ASAP.

**Next Committee Meeting. Date of Next Meeting: 26.11.11 @ 1 Garland Crescent Dorchester @ 10.30 am.**

**Deadline for next Newsletter: 9th December 2011**

Please send Newsletter items to John Hartley, Foxhills, Cerne Abbas Dorset DT2 7TS e-mail [johnincerne@onetel.com](mailto:johnincerne@onetel.com)

**Newsletter Subs - Please forward to Bruce Painting (see Runs List for Address) make cheques payable (£10 for three years) to CTC West Dorset section**

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